Dear praying friends,

We want to thank you for praying with us for **Carlos**.

Last Friday Nuno visited him and Carlos was feeling much better, he even walked for the first time in weeks. Praise God!

Please keep him in your prayers, may the Lord be exalted through Carlos' life.

Pray also for his sister **Isabel**, for her to know how much God loves her and for her to receive the gift of salvation in her heart. Pray for protection from the enemy's schemes and lies of void promises of healing and deliverance through reiki and other abominable new age ways.

May all this situation bring much glory to our Lord Jesus Christ in Viana and beyond.





Please **keep praying for Tomás** (in the photo with green t-shirt), that the Lord softens his heart and also for **Mafalda**, to have wisdom and patience as the Lord works in her husband's life.

Pray for **José**, as he travelled to Pakistan to work for a month. Pray the Lord protects him and continues to work in his life to bring him to saving faith in Jesus. Pray for **Vera** as she stays by herself with the kids for this month.

Pray also for **Anita**, who just came to Jesus, that the Lord strengthens her as she walks with Him every day. And pray for her family also.

For these three families, join us in praying for the protection of the Lord and the provision of every physical and spiritual need.

Antónia still needs prayer as the situation with the tooth extraction is yet to be solved. Pray the Lord prepares the time, doctor, place for this to be done safely. We are very grateful that she doesn't need medication for her blood pressure anymore!

As we go through so many difficult situations, walking alongside people, sometimes we may be tempted to feel discouraged. But God's mercies are new every morning and as we lay before Him our aches and cares He is faithful and strengthens us with what we need every day. Thank you for praying with us. We hope that as our faith is tested our perseverance grows, as James says. **Pray for us** that we may continue to run with endurance the race set before us, always with our gaze fixed on Jesus.

In His strength,

Nuno, Gila, Leonor and Diogo